

**Life Group Bible Study - Ryde**

**Title:** Don't look down. Look forward!

**Bible Passage:** Hebrews 12:1-3

1. What is the biggest praise point you can share from this week/month?
2. What is the spiritual race God has called you to run this year (In what way is God calling you to grow in Christ this year)? What will it take to persevere in that race? How can Jesus' example encourage you?
3. What does it mean to "fix our eyes on Jesus"? What does that look like in real life?
4. How can we grow in prayer as we fix our eyes on Jesus?
5. What challenge are you overly-focused upon today (looking down)? How can looking at Jesus (as described in this passage) change your heart/perspective/trust (looking forward)?
6. What is the most encouraging/challenging part of this passage for you?